

for Beth Willer and Lorelei Ensemble

Nowel: Owt of your slepe aryse

for 3-part non-mixed voices

Selden Carol Book
(Bodleian Arch. MS. Selden B. 26, f.14v)

Carson Cooman
Opus 1126

$\text{♩} = 100$

1 No-wel: Owt of your slepe___ a - ryse and wake, For God,___

2 No - wel: Owt of your slepe___ a - ryse___ and wake,___ For

3 No - wel:___ Owt of your slepe a - ryse and wake,___ For God

6 [♩ last time]

For God man kynd nowe hath y - take. No-wel: Owt of your sleep a - ryse!

God man kynd___ nowe hath y - take. No - wel: a - ryse!

man kynd nowe hath y - take. No-wel: a - - - ryse!

Strong suggestion for performance:

1. Part 1 alone: ***f***
2. Parts 1, 2 together: ***f***
3. Parts 1, 2, 3 together twice: ***mp***, then ***ff***

Middle English:

Nowel: Owt of your slepe aryse and wake
For God man kynd nowe hath ytake.

Modern English translation:

Nowell! Out of your sleep, arise and wake,
For God has taken human form.

November 2015
Nantucket, Massachusetts
Duration: ca. 2 min.